

## **I Need a Soundtrack**

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My wife and I were watching a movie recently. The plot apparently wasn't holding my attention too well, as I soon found my mind wandering. I started giving close attention to the soundtrack of the movie. Basically, the music broke down into what I call, Scary Music, Happy Music, Sad Music and Filler Music.

You can tell what is about to happen by listening to the background music. If Scary Music is being played, you know that something frightening is about to happen. If Happy Music is being played, you know that everything is okay and the characters have nothing to worry about. If you are hearing Sad Music, something bad happened or someone died and it is a mournful situation. Filler Music is just background music to keep emphasize the general theme of the movie.

Wouldn't it be helpful if we all had soundtracks accompanying our lives? If we hear Scary Music, we would know to prepare ourselves for something unexpected and frightful. On the other hand, if we are listening to Happy Music, we know that we have nothing to worry about. I suppose we would have Filler Music to help define the theme of our lives.

I have been known on occasion to give myself a Grand Entrance Fanfare. I will loudly sing out DAH DAH DOT DA-A-A-H! as I leap into a room. Sometimes, we all need to make a Grand Entrance.

It would also be useful to listen to the background music in other people's lives. If we are hearing Happy Music in our own lives, but hear Sad Music in someone else's, we could be more responsive to see if there is anything we could do to help them.

I guess the most important, however, would be the Filler Music. Since this helps define the theme of the movie, I think it would actually help define the theme of our lives. One person's theme would be "Gloom, Despair, and Agony on Me," expressing a pessimistic view of life. Another would have "Oh, Happy Day," indicating that they are happy with life, regardless of what comes. I would like to pick, "Victory in Jesus," as my own theme.

That is the best part of life. Each of us gets to pick what theme we have in life. It isn't given to us by a screen writer. We get to be the composer of our own musical score. I determine for myself what my life's theme is. Of course, it changes day by day. Some days it is a March showing my determination and deliberate steps I take in life. Other days, it is "elevator music," as I kick back and relax.

Pick for yourself a great theme for today. And let the rest of the world hear your music playing.

Semper Fi in the Lord and I hope to see you in Church on Sunday.